

2023 Belgian Cup



The “Belgian Cup”

Cycledelia Regional Cyclocross Series

September 2, 8, 22, 29, October 14, & 27 2024

Please Review the Tech Guide. There are a few changes to the 2024 Season (Changes/Important notes in **Green**)

The 2024 “Belgian Cup” will be a celebration of Cyclocross and wind up with a City Championship race on October 27th.

There are two lengths of races available. Cat1/2 Men, Cat 3 Men, Cat 4 Men, Cat 1/2/3 Women and **Cat 4 Women** will race for approximately 50 minutes. Cat 6 Men/Women, Cat 5 Men, and Cat 5 Women will race for approximately 30 minutes.

September 2nd Race on Monday! October 14th Race on a Monday

Both groups will compete on the same course with separate start times.

Membership Requirements for the “Belgian Cup” Cycledelia Regional Cyclocross Series:

Racers must hold a 2024 SCA membership to participate in the “Belgian Cup” Cycledelia Regional Cyclocross Series. If you don’t have an SCA membership, please consider signing up for one with a Cycledelia membership.

Equipment:

Cyclocross Bikes and mountain bikes are allowed for all “Belgian Cup” Cycledelia Regional Cyclocross Series races. Bikes with motors are not allowed.

Registration

Registration Fees: \$15 / race, OR \$60 for the 6-race Belgian Cup series

Registration will be through CCN, online only! No Cash will be accepted for race registrations the day of races.

All Racers must be registered by 11 PM on the night before the race.

Registration Forms:

[Complete Series](#)

Race 1 - Sep 2nd	Race 2 - Sep 8th	Race 3 - Sep 22	Race 4 - Sep 29	Race 5 - Oct 14	Race 6 - Oct 27
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Racers must attend on-site registration at their first event to receive their assigned race numbers and any other materials. Once you have a race number, that is your race number for the rest of the series, do not lose it and wear it for all subsequent races.

The Belgian Cup series races will use its own set of race numbers. If you already have numbers from other Road or Cross Events, they will not be used for the Belgian Cup.

If you lose your number, you will need to attend the registration period again to get a new number.

Once registered, you only need to be present for race marshalling 10 minutes before your start time.

Race Categories

MEN	WOMEN
Cat 1/2 (Long Race)	Cat 1/2/3 (Long Race)
Cat 3 (Long Race)	Cat 4 (Long Race)
Cat 4 (Long Race)	Cat 5 (Short Race)
Cat 5 (Short Race)	
Cat 6 (Short Race)	

Race Schedule

Course Setup: 12 Noon (Volunteers always welcome)

Registration: 2:00 – 2:30 PM (for both Short & Long Race participants)

*****September 2nd Registration will run 1:30-2:30*****

Course Available for Pre-Ride 2:00 PM

Short Race Start: 3:00 PM

Long Race Start: Following short Race, approximately 3:45-4:00 PM

Course Tear Down 5:00 PM

Racers need to be at the start line 10 minutes before start for sign-in & marshalling. Reminder, once registered and assigned a number, you will continue to use the same numbers for the full series. Once you have your race numbers, you only need to show up 10 minutes before the race as only pre-registrations are allowed.

Marshalling / Call ups

10 minutes before race start, racers will be called up to the start line. Racers do not need to take the spot closest the start line, but must move onto the start grid.

The order of the call-ups will be by series point totals for Races 4, 5, & 6. For the first three races, Call-ups will be completed in a manner determined by the race organizer.

Race Courses

*Note As of August 26th, 9:00 PM Saskatoon Time, Park Schedule Tentative

September 4: (MONDAY!)	Rochdale Park (Redberry Road near Lawson Heights School)
September 08: (Sunday)	Harold Tatler Park North (South of Louise Ave)
September 22: (Sunday)	Churchill Park (South of Ruth, East of Clarence)
September 29: (Sunday)	Sidney L. Buckwold Park (North of Degeer between McKercher and Boychuk)
October 14: (MONDAY)	Wallace Park (Behind Willowgrove Joint School)
October 27: (Sunday)	Rochdale Park (Redberry Road near Lawson Heights School)

*No Belgian Cup Race Sunday September 15th

Course Setup

Course Setup begins at Noon prior to the race. Volunteers are always welcome.

New for this year, assist with 4 race setups and you'll receive an exclusive piece of Cyclocross course crew apparel.

The Courses will attempt to include paths, grass, hills, alternating in such a way as to ensure changes in the pace of the race and allowing riders to recuperate after difficult sections.

- The course will attempt to be between 2.25km-3.5km of which 90% will be rideable.
- The course will attempt to be at least 2 meters wide throughout and marked with pin flags on either the right or left side (consistent for the entire course) for straight or simple sections. And with tape on both sides for complex sections.
 - Sections of single track shorter than 50 meters shall be allowed
- The start/finish will attempt to be on firm ground and at least 80 meters long. The first turn will not be more than 90 degrees.
- The course may include no more than six (6) artificial obstacles. Obstacles shall mean any part of the course where riders are likely (but not required to dismount).
- Each course will have a pit area. Unless otherwise identified by the organizer, it will default to beside the start/finish
- Feeding of water bottles is allowed at any course and any location on the course regardless of temperature.

Race Numbers Placement:



Race Duration:

The first two races of the season will target a duration of 20-25+ minutes for the short race, and 40-45+ minutes in the long race. The remaining four races will target a duration of 30 minutes and 50 minutes.

Please see the table at the end of the document that covers the number of laps and estimated total duration based on the initial lap time. This table is the one used by race officials to set the number of laps.

Prizes:

Overall Series Prize

There will be a prize for the overall winner of each of the categories based on Series Points:

MEN	WOMEN
Cat 1/2 (Long Race) Cat 3 (Long Race)	Cat 1/2/3 (Long Race)
Cat 4 (Long Race)	Cat 4 (Long Race)
Cat 5 (Short Race)	Cat 5 (Short Race)
Cat 6 (Short Race)	

City Championships

The overall fastest male and female competitor of the long race will be crowned the Saskatoon City Champion and earn one year of bragging rights. The overall winner could be from any race category.

Series Points:

Points towards the Series will be awarded at each race.

Placing	Points	Placing	Points	Placing	Points
1	60	11	20	21	10
2	50	12	19	22	9
3	45	13	18	23	8
4	40	14	17	24	7
5	35	15	16	25	6
6	30	16	15	26	5
7	28	17	14	27	4
8	26	18	13	28	3
9	24	19	12	29	2
10	22	20	11	30	1

Website

http://www.cycledelia.ca/calendar/belgian_cup.html

Race Organizer:

Scott Theede scott.theede@gmail.com

Theoretical Race Times Based on Initial Lap time:

50 Min race:

	# of Laps						
Lap Times	4	5	6	7	8	9	10
5	20	25	30	35	40	45	50
5.25	21	26.25	31.5	36.75	42	47.25	52.5
5.5	22	27.5	33	38.5	44	49.5	55
5.75	23	28.75	34.5	40.25	46	51.75	57.5
6	24	30	36	42	48	54	60
6.25	25	31.25	37.5	43.75	50	56.25	62.5
6.5	26	32.5	39	45.5	52	58.5	65
6.75	27	33.75	40.5	47.25	54	60.75	67.5
7	28	35	42	49	56	63	70
7.25	29	36.25	43.5	50.75	58	65.25	72.5
7.5	30	37.5	45	52.5	60	67.5	75
7.75	31	38.75	46.5	54.25	62	69.75	77.5
8	32	40	48	56	64	72	80
8.25	33	41.25	49.5	57.75	66	74.25	82.5
8.5	34	42.5	51	59.5	68	76.5	85
8.75	35	43.75	52.5	61.25	70	78.75	87.5
9	36	45	54	63	72	81	90
9.25	37	46.25	55.5	64.75	74	83.25	92.5
9.5	38	47.5	57	66.5	76	85.5	95
9.75	39	48.75	58.5	68.25	78	87.75	97.5
10	40	50	60	70	80	90	100
10.25	41	51.25	61.5	71.75	82	92.25	102.5
10.5	42	52.5	63	73.5	84	94.5	105
10.75	43	53.75	64.5	75.25	86	96.75	107.5
11	44	55	66	77	88	99	110
11.25	45	56.25	67.5	78.75	90	101.25	112.5
11.5	46	57.5	69	80.5	92	103.5	115
11.75	47	58.75	70.5	82.25	94	105.75	117.5
12	48	60	72	84	96	108	120
12.25	49	61.25	73.5	85.75	98	110.25	122.5
12.5	50	62.5	75	87.5	100	112.5	125
12.75	51	63.75	76.5	89.25	102	114.75	127.5
13	52	65	78	91	104	117	130

30 Min Race:

	# of Laps				
Lap Times	2	3	4	5	6
5	10	15	20	25	30
5.25	10.5	15.75	21	26.25	31.5
5.5	11	16.5	22	27.5	33
6.75	13.5	20.25	27	33.75	40.5
7	14	21	28	35	42
7.25	14.5	21.75	29	36.25	43.5
7.5	15	22.5	30	37.5	45
7.75	15.5	23.25	31	38.75	46.5
8	16	24	32	40	48
8.25	16.5	24.75	33	41.25	49.5
8.5	17	25.5	34	42.5	51
8.75	17.5	26.25	35	43.75	52.5
9	18	27	36	45	54
9.25	18.5	27.75	37	46.25	55.5
9.5	19	28.5	38	47.5	57
9.75	19.5	29.25	39	48.75	58.5
10	20	30	40	50	60
10.25	20.5	30.75	41	51.25	61.5
10.5	21	31.5	42	52.5	63
10.75	21.5	32.25	43	53.75	64.5
11	22	33	44	55	66
11.25	22.5	33.75	45	56.25	67.5
11.5	23	34.5	46	57.5	69
11.75	23.5	35.25	47	58.75	70.5
12	24	36	48	60	72
12.25	24.5	36.75	49	61.25	73.5
13.25	26.5	39.75	53	66.25	79.5
14.25	28.5	42.75	57	71.25	85.5
15.25	30.5	45.75	61	76.25	91.5
16.25	32.5	48.75	65	81.25	97.5